BLUE SKY
Sports physiotherapy

Yeo Valley - To Book – 0117 9467618

Donna Sanderson-Hull – Senior Sports Medicine Physiotherapist. Tues & Thurs

Donna has been qualified for 29 years and started Blue Sky Sports Physiotherapy in 2007 in the main clinic in Clifton, Bristol. Donna has worked in Professional Sports in the UK and NZ, gained an MSc in Sports Medicine with distinction and worked as a course lecturer at Cardiff Metropolitan University on the same MSc course for 14 years. She now specialises in diagnostic and treatment management of all musculoskeletal injury and pain syndromes and has a close working relationship with radiologists and orthopaedic specialists. She continues to provide teaching to GP's and Physiotherapists and has recently qualified as a certified concussion specialist. Her goal is to provide quality care expert care for all.

Claire Reed – Senior Sports Physiotherapist. Wednesdays

Claire qualified in 2001 from the University of London and worked hospital, private practice, Bristol and Bath University. Specialising in treating and rehabilitating sport related injuries in adults and children, she also has a keen interest in prevention of injuries. She completed her MSc in Sports Physiotherapy in 2009 with distinction and is a gold accredited member of the Association of Chartered Physio's in Sports and Exercise Medicine. Her sports experience includes working with British Swimming, GB Rowing, Bath Super League and England Netball Squads. She has further experience of working with elite athletes at the English Institute of Sport and Bath University. Claire also practices acupuncture, which she uses as an adjunct to her manual therapy and exercise rehabilitation skills.

Paul Bunce – Strength, Conditioning and Performance Coach. Fridays

With over 20years experience, Paul's areas of expertise lie in S+C performance training and injury rehab for team sports and individual athletes. His career to date displays high level experience in leading roles within rugby: European Rugby Champions and Challenge Cups, English Premiership (Bath and Bristol Bears Rugby), Pro 12 (Connacht Rugby) and the HSBC World 7's Series (Scotland Rugby Union). Additional roles include, working with the GB Olympic and Commonwealth Games athletes and NZ and Welsh international teams. He has also led teams in Wales and NZ for hockey, netball and athletics. Each coaching role has provided valuable experience in working with dedicated athletes looking to improve their physical ability, recovery from injury and achieve their sporting goals.