

Guidelines for booking onto Zoom classes:

1. All Yeofit and Chew Valley Classes are on Zoom
2. Timetables are on the website and my weekly email
3. Please click the website for the most up to date situation, with regard to classes, by clicking: <http://lynnejoynerfitness.co.uk> and please join my social media for instant messaging and updates.
4. I have taken the liberty of transferring people from the real life classes onto zoom - **please take yourself back off if you don't want to use the zoom classes**
The system will email you with a link to click onto and it will take you into the class. It's better to use a laptop and if possible link to your TV! But a smart phone will do the job too! You can buy a HDMI connector to link your device to your TV for a bigger view! I apologise for any inconvenience and if you object to being transferred. Please check your booking – If you have not booked on you will not get a link!!!
5. Zumba will be 45 minutes and pilates an hour on zoom. so I will keep prices the same but I also recognise, that at home you may not want to do the whole hour. The bookings will show me what class times are popular and I may combine classes like pilates on Monday at 9.30am and 11am to one class at 9:30am. Please don't email me to say your preference - the bookings will do the job! Lockdown 1 prices do not apply as they were half an hour classes.
5. If you have signed up for a set of 10 classes etc -they will carry over until after lockdown
6. I can't give refunds - you can cancel your monthly payment or skip it if you wish but if you decide to carry on paying I will be most grateful.
7. For pilates exercises for you to do at home please email me on lynne.joyner1@gmail.com
Or look on the website <http://lynnejoynerfitness.co.uk>
8. Please book onto any of the classes you want and if you can't make it please cancel so someone else can have your place!! Zoom class numbers are unlimited!!
9. Please bear with me as I change the Teamup website and please look out for any mistakes! You can book on for zoom classes in the same way that you are booking onto real life classes. Contact me if you need help