

## Lynne Joyner - List of community Classes Term Time Only: SPRING 2024

All Classes are to be booked online via the website: <http://lynnejoynerfitness.co.uk>

updated 12th Feb 2024)



**PILATES is £12 PAY AS YOU GO or 10 for £100 which should be used consecutively.**

**Zumba or any Yeofit class is £8 P/S OR block book 10 for £60 via the website. This can be used for any of the Yeofit classes eg spin etc.**

**If you have block booked Pilates and/or Zumba etc and can't make it - you can come to a different class to catch up - space permitting!**

Pilates	Yeofit at Yeo Valley HQ studio	Mon	9:30am-10:30 am	10 x £10 = £100
Pilates	Yeofit at Yeo Valley HQ studio	Mon	11:00am-12:00pm	10 x £10 = £100
Gentle Zumba	Chew Magna Baptist Hall	Mon	12.30pm – 1.30pm	10 x £6 = £60
Zumba	Bishop Sutton Village Hall	Mon	18:30pm-19:15pm	10 x £6 = £60
Pilates	Bishop Sutton Village Hall	Mon	19:30pm-20:30pm	10 x £10 = £100
Zumba	Compton Martin Village Hall	Wed	9:30am – 10:15am	10 x £6 = £60
Pilates	Compton Martin Village Hall	Wed	10:30am-11:30am	10 x £10 = £100
Pilates	Bishop Sutton Village Hall	Wed	18:00pm-19:00pm	10 x £10 = £100
Pilates	Yeofit at Yeo Valley HQ studio	Thur	11:00am-12:00pm	10 x £10 = £100

	Mon	Wed	Thursday
	Classes	Classes	Classes
1	08.01.24	10.01.24	11.01.24
2	15.01.24	17.01.24	18.01.24
3	22.01.24	24.01.24	25.01.24
4	29.01.24	31.01.24	01.02.24
5	05.02.24	07.02.24	08.02.24

### Half Term

6	19.02.24	21.02.24	22.02.24
7	26.02.24	28.02.24	29.02.24
8	04.03.24	06.03.24	07.03.24
9	11.03.24	13.03.24	14.03.24
10	18.03.24	20.03.24	21.03.24
11	25.03.24	27.03.24	28.03.24

The last class before Easter Holidays is 28th March 2024. We start back 15th April 2024

Personal Training/Biomechanics/Sports Therapy massage: £60 P/S or £200 per month

To book any of the Yeofit classes, including spinning etc : <http://lynnejoynerfitness.co.uk>

Chew Valley Classes are term time only. To book click: <http://lynnejoynerfitness.co.uk>

Yeofit classes are not term time only and continue through holidays etc except Bank Holidays

Please see the website for details of the Yeofit Classes <http://lynnejoynerfitness.co.uk>

### MONTHLY PAYMENTS by STANDING ORDER

**Pilates: £27 per month**

**Zumba/any Yeofit class: £18 per month**

**Zumba/any Yeofit & Pilates: £42 per month**

**2 x Pilates per week or couples: £54 per month**

**2 x Pilates +Zumba/any Yeofit class: £69 per month**